



# heart stopper challenge

Take the Plunge for Heart Children NZ

## Heart Stopper Challenge Rotorua 2010 – Disclaimer

I hereby agree to participate in the 2010 Heart Stopper Challenge, a fundraising event for Heart Children New Zealand and their local branches. We understand that the object of the challenge is to stay in a pool of very cold water for **no longer than** five minutes. I am not aware of any medical conditions that exist that may preclude me from taking part in this event. I am also aware that should I become distressed during the event I should exit the pool immediately, or not enter the event, and seek medical attention.

I agree that I am participating in the 2010 Heart Stopper Challenge event at my own risk. I agree to release Heart Children New Zealand, its local branches, volunteers, agents and sponsors from any cost, expense, and liability arising out of my participation in the event.

I agree to follow the instructions, policies and guidelines of the local event organisers.

I agree for any photo's taken of me at the event to be used for publicity purposes.

### Team name

### Team plunge leader

Name 1 (first & last names)

Phone #

Address

Email

Signature for disclaimer

### Team members (first & last names)

Name 2

Signature for disclaimer

Name 3

Signature for disclaimer

Name 4

Signature for disclaimer

Name 5

Signature for disclaimer

Name 6

Signature for disclaimer

